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### Self-Realization Premise for Human Care: Ontology in Nursing Student Education.

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#### ABSTRACT

The purpose of this research was to interpret and understand how ontology in the formation of nursing students allows for self-realization as a premise for human care; it started from the description of a reality seen from introspection to connect it later with sources of support in ontology and epistemology. As for the description of how I did it: I explained the human group from which I obtained the life experiences, the conditions under which this path occurred, the technique selected, as well as the way I treated the information obtained. Centered in the phenomenological-hermeneutic Method of Heidegger, from there, I could obtain that the self-realization is possible in the life of the man when he looks for in the deep of the being towards where he wants to be led. In the formation of the student of nursing, it has been strengthening the way to arrive at his self-realization, because it is looked for that he manages to know the being, that is to say, who he is, so that he understands which is the making of his professional practice, as it is the human care. This is based on the fact that teachers must have a vocation which they discover or build through the model as teachers. Where the teacher's role of infirmity plays a fundamental role in the formation and identity that has of the profession because it will allow, a love of the student and discovery of its vocation. Starting from the above, I was able to construct a theory focused on the dimensionality in the formation of the nursing student, articulating axes in the self-realization as a Premise of Human Care.

**Descriptors:** self-realization-vocation-experience - human care

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