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Sports Action Plan Aimed at Strengthening the Values of Boys and Girls at the Primary Level of the Basic Education Subsystem.

ABSTRACT

The purpose of the study is to present a sports action plan aimed at strengthening the values in boys and girls at the primary level of the basic education subsystem. Teachers in other areas, for which they were trained, are now teachers in the area of Physical Education and lack the training to work with boys and girls within a sports field and therefore of sports values. Method: The study was based on a descriptive field research and with a non-experimental design, under the modality of a feasible project, supported by a documentary review. The population was made up of 30 teachers who work in the Venezuelan Teacher Federation School Unit, in San Juan de los Morros, Guárico State. The sample was of a census type due to the small size of the population. As a data collection technique, the survey was used, the instrument was validated through expert judgments, and reliability was made from the application of a pilot test. The Crombach Alpha coefficient statistical procedure is described, the value of which was 0.70 degrees of reliability, the minimum acceptable value. Results: All pertinent analysis and the proposed sports action plan were carried out. Conclusion: Due to the characteristics of the proposed action plan, it can be very useful for most teachers to use sports-based strategies that favor the development of motor skills, learning efficiently that allow the promotion of values in the learners; as long as these are specialized teachers in the sports area.

Descriptors: Values, sports action plan, Integration, analysis, training.

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