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How to cite this article: Zaida Hernández y Jessica García ((2021), "Knowledge, Attitudes and Practices of Self-Care of the Foot in Type 1 and Type 2 Diabetic Patients Attending the Tulio Pineda Guárico Venezuela Comprehensive Diagnostic Center 2017." 1-14)

Received: May 2021

Accepted: June 2021

Human Dignity and Human Rights In Time of Pandemic

ABSTRACT

It is estimated that the basic treatment and care of diabetes would prevent up to 80% of diabetic foot amputations. Therefore, the present research aims to evaluate the knowledge, attitude and practices of self care of the foot in type 1 and 2 diabetic patients attending a consultation at the CDI Tulio Pineda. The research paradigm is positivist-quantitative, descriptive in character; with non-experimental cross sectional design. The population will be made up of 372 patients who attend a consultation at that center and who meet the inclusion criteria that will be proposed for the research. The sample will be determined according to the Harvard table and will be represented by 83 patients. As a data collection technique, the survey will be used. A structured questionnaire will be applied in 3 parts of 30 items, with mixed questions, taken from a similar study used in 2013 by Dr. Cotí Jaime, approved by experts from the Rafael Landívar University of Guatemala. As a result, 82% have self-care knowledge of their disease, 84% consider it very important to have attitudes of the same, and 43% constantly carry out self-care practices, which concludes that most patients have knowledge and self-care attitudes, however, only 43% consistently perform these practices, which will bring the risk of complications to the rest of the patients.

Descriptors: Knowledge, Attitudes, Practices, Self-Care and diabetic foot.

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