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Dental Brushing as an Element In The Strengthening of Hygienic Habits in Children of Early Education

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ABSTRACT

The objective of this article was: to apply dental brushing as an element in the strengthening of hygienic habits in children of Initial Education. As a scientific concern, it was verified that tooth brushing is part of the care that every individual, therefore, this habit must be strengthened from an early age. In the study, this area is reviewed in girls and boys of the Initial Education Center, since the problem found was the weak formation in the habit of brushing. The theory that founded the work was Hygiene as a basic need by López (2019) and health-daily habits by Fernández (2018). The methodology was located in the qualitative paradigm in Participating Action Research. Therefore, the diagnosis was given after several days of interaction with the educational actors. The population was the school group of the Carlos Quintero Alegría Initial Education Center of Tinaco, Cojedes state and the sample was one (1) teacher, twelve (12) boys and girls. The technique used was Observation and the instruments: notebook, photographs and unstructured interviews. The analysis technique was the reflexive and critical analysis of the findings. The results were framed in: achievements, where boys, girls, teachers, parents and representatives were involved where they expressed themselves through action, situations were enhanced and the capacities to manipulate, explore, observe and experiment were developed, providing varied experiences with the practice of brushing. Recommendations: Continue putting into practice the activities developed in the action plan.

Descriptors: Brushed. Teeth. Strengthening. habits. Hygiene. Education.

Biographical Review, Specialist in Initial Education, —Samuel Robinsonl National Experimental University of Teaching, Classroom Teacher. Coordinator of the School Feeding Program.