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### **Public Policies Related to Family Planning as the Right of Adolescents in Ecuador**

#### **ABSTRACT**

**Problem:** The lack of equitable access to sexual education and family planning services for adolescents in Ecuador contributes to an increase in early pregnancies and a lack of information on sexual and reproductive health. **Objective:** To identify current public policies in Ecuador related to family planning as a right for adolescents. **Methodology:** Document and legal review, including official historical data on births to mothers aged 10 to 17 in Ecuador over the last five years, to quantify and analyze trends. **Results:** The current legal framework in Ecuador related to family planning was identified. The diversity of legal instruments designed to protect the sexual and reproductive rights of young people and facilitate their access to family planning resources was revealed. Furthermore, the participation of various stakeholders in the formulation of a legal framework addressing the needs and demands of the Ecuadorian population in terms of family planning and sexual and reproductive rights was evident. **Conclusions:** The impact of these public policies is reflected in the reduction of live births to mothers aged 10 to 17 over the last five years. In Ecuador, public policies have evolved in response to the prevailing perspectives of each era across various sectors of society. This process has been a constant struggle between conservative forces and those more open to progress, globalization, and recognizing diversity in society.

**Descriptors:** adolescents, reproductive rights, sexual rights, early pregnancy, public policies in Ecuador, family planning.

**Biographical Review:** Student in the eighth semester of the Law degree at the International University of Ecuador (UIDE), Ecuadorian by birth, and Active Andean University Parliamentarian.