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Case Study: Dog Therapy from Home for a Five-Year-Old Girl with ASD and ADHD Supported by a Labrador Retriever

ABSTRACT

This case study works on the objective of evaluating the efficacy of canine therapy from home in a five-year-old girl with ASD and ADHD supported by a Labrador Retriever between August 2019 and August 2023. A qualitative approach was used, with a scope Descriptive and longitudinal design, the data collection was carried out through direct observations based on the criteria of the Diagnostic and Statistical Manual of Mental Disorders in its fifth edition (DSM-5) and records of the interactions and behaviors of the girl and her dog named Diana. Within the results it was observed that the minor presented great improvements at the motor level, and although she continues to walk on tiptoes her balance is stable, it could also be seen that the dog when the girl goes to eat, lies under the table and the little one at the same time. stroking it with your feet can focus more on eating its food. Cognitively, he has improved to the point of impressing when expressing ideas and opinions on a wide variety of topics with excellent diction. It is concluded that canine therapy with the support of the Labrador Retriever in the motor, socio-emotional, cognitive and behavioral development of the five-year-old girl with ASD and ADHD was effective.

Descriptors: Home, Labrador Retriever, children, Autism Spectrum Disorder, Attention Deficit Hyperactivity Disorder, canine therapy..

Biographic Description: Graduate in Education with a mention in Computer Science, magna cum laude.