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Exercise of the Teaching Professional in Times of Uncertainty.

ABSTRACT

The study aims to analyze the teaching professional's practice in times of uncertainty. It focuses on pedagogical adaptation, the use of educational technologies, emotional management and teacher well-being, as well as equity in access to education. The methodology used was bibliographic documentary, with a qualitative approach. A comprehensive review of existing literature was conducted, including books, academic articles, reports and online resources. Information was collected through advanced searches of academic databases and digital libraries, and critically analyzed to identify emerging themes and relevant patterns. The results of the study described by the cited authors show that teachers have demonstrated a notable capacity for adaptation, using flexible methodologies and educational technologies to maintain the quality of learning. However, important gaps were identified in access to technology, affecting educational equity. Teachers' emotional management and well-being have been critical, with self-care strategies and professional support networks playing an essential role in teacher resilience. In conclusion, the pandemic has highlighted the importance of flexible and resilient educational systems. It is crucial to support teachers through continuous training, adequate technological resources and emotional support. Educational policies must focus on reducing inequalities and promoting an equitable and robust educational environment, prepared to face future uncertainties. Lessons learned can guide future planning and policies, strengthening the education system in the face of any crisis.

Descriptors: Exercise, Professional, Teacher, Times, Uncertainty

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