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Emotional Education In The Preparation Of The Primary Level Teacher.

ABSTRACT

Education is a challenge for every citizen in the current times, with the urgent need to bring them up to date with the times in which they live, therefore it is necessary to pay attention to the training of teachers. The study was established in the context of Emotional Education, which arises as a response to social educational needs and was identified within the teaching-learning process, aimed at developing the ability to recognize and process students' own and others' emotions. The research was determined by a mixed approach and supported by the theory of constructivism, and aims to design a methodological strategy for the preparation of teachers in the components of emotional education. The process was carried out from September 2023 to March 2024 at the primary education level. To begin this scientific research process, theoretical and empirical level methods were used, in addition to statistical mathematics with descriptive statistics. The sample selection was directed to primary education teachers in the fourth grade, by a probabilistic sampling type determining the inclusion and exclusion criteria. The proposal was validated using the scientific method and expert judgment. The conclusions achieved the theoretical-methodological systematization of emotional education and teacher preparation at the primary level, in addition, the current state of teacher preparation in terms of emotional education was known, and finally the functionality of the methodological strategy was validated.

Keywords: emotional education, teachers, methodological strategy.

Biographical Review : Yadira Miraldea Hernández Professor Instructor at the University of Holguín, Cuba, Bachelor of Primary Education, Master's student in Educational Sciences. Osiel Cruz Gutiérrez Professor at the University of Holguín, Cuba, Doctor of Physical Culture Sciences, Assistant Researcher.