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Implementation of a training program for the social protection against violence in women

ABSTRACT

This article proposes the implementation of a training program with the purpose of reducing domestic violence against women, through the provision of an action plan and training strategies that allow modifying behavioral patterns, protecting or improving life, located within of the socio-critical paradigm with a qualitative approach, under the modality of Participatory Action Research and is included in the line of research corresponding to curriculum, training and pedagogical innovation. The significant subjects of the study correspond to a woman victim of domestic violence, a man with patterns of violent behavior and a police officer in charge of the department against domestic violence, who gave their contribution regarding the required information through the use of the unstructured interview. The management of the information was carried out through the processes of categorization and triangulation, allowing it to be addressed through educational actions, applying therapies to control anger and violent behavior, generating as a result the modification of said behaviors, under a reflective act, understanding that violence against women is a psychosocial abuse that causes devastating consequences for the victims, manifested by inexorable physical, emotional and sexual damage, which generates considerable costs for people and the nation, constituting this research as a fundamental element of human protection. and social, with education being the ideal way or tool for successful social transformations.

Keywords: Domestic violence, training program, violent man, participatory action research.

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