

Family Eco-Production as a Core of Economic and Social Resilience

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ABSTRACT

The objective of this study was to analyze family eco-production as a core of economic and social resilience, highlighting its capacity to promote economic autonomy, strengthen social cohesion, and foster environmental sustainability in rural and urban communities. A qualitative approach was used with a documentary and bibliographic paradigm, based on the review of secondary sources, such as books, academic articles, and previous studies on family eco-production and its implications for resilience. The research method was documentary, and data were collected using bibliographic records and content analysis templates, allowing for the classification and organization of information. The analysis was conducted using content analysis. The analysis revealed that family eco-production strengthens economic resilience by enabling families to become self-sufficient, reducing their dependence on external markets. Furthermore, social resilience is boosted by cooperation and support networks within communities. Regarding environmental sustainability, it was found that eco-production contributes significantly to the conservation of natural resources through sustainable agricultural practices. Family eco-production, by integrating economic, social, and environmental aspects, offers a comprehensive solution for community resilience. Economic adaptability and social cooperation are essential to addressing global challenges, while environmental sustainability ensures the long-term viability of this model. The author concluded that family eco-production is key to strengthening economic, social, and environmental resilience. It is recommended that public policies be promoted to facilitate access to educational and technological resources and that cooperation between communities be fostered to improve the model's effectiveness.

Keywords: Eco-production, family, resilience, economic, social

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