

## Educating The Heart with Emotional Intelligence Strategies for Children on the Autism Spectrum

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### ABSTRACT

This documentary article analyzed the integration of emotional intelligence (EI) strategies for children on the autism spectrum, proposing an innovative pedagogical framework. The general objective was to analyze educating the heart with emotional intelligence strategies for children on the autism spectrum. The methodology consisted of an analytical-interpretive documentary research, through a rigorous content analysis of a corpus of specialized sources. The results revealed the need for a coherent synthesis between Noddings' pedagogy of care, Salovey and Mayer's EI model, and Silberman's neurodiversity perspective. Furthermore, it was identified that the application of EI requires a profound adaptation in light of Baron-Cohen's systematization-empathy theory, translating emotional competencies into explicit and structured systems. It is concluded that inclusive emotional intelligence emerges from this integration, where the educator designs experiences that allow the child to build an emotional connection with nature through their cognitive strengths, thus promoting a genuine and meaningful ecological awareness.

**Descriptors:** Emotional intelligence, autism spectrum, pedagogy of care, educational inclusion.

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