

## Design Of A Direct Care Training Program For Nursing On Breastfeeding In High-Risk Obstetric Clinics

Author: Marisol Teresa Ortega Yáñez

Nurse at José María Benítez Hospital, La Victoria, Aragua State

Email: mariorya62@gmail.com

ORCID Code: <https://orcid.org/0009-0003-1793-1768>

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### ABSTRACT

The nutritional status of newborns through breastfeeding is considered optimal, so its initiation from the moment of delivery is accepted and considered a strategy that must be understood before the baby's birth. This article aims to implement the design of a direct care training program for nurses on breastfeeding in the high-risk obstetric clinic of the Lcdo. "José María Benítez" Hospital, La Victoria, Aragua State, using a positivist paradigm, quantitative approach, and field research. This research methodology is feasible because it is implemented through a proposal. The population and sample were census-based, comprising 30 nursing professionals who coordinate prenatal consultations. A survey technique was used, and a questionnaire was used as an instrument. Line of research: Curriculum, training, and pedagogical innovation. Content validity was assessed through expert judgment. Reliability was determined using the KR-20 coefficient method. Descriptive statistics were applied to analyze the results. Conclusion: Interventions must be supported by an educational component that transforms the thinking not only of mothers but also of health professionals, impacting strategies based on healthy public education policies and resulting in the creation of mother-friendly health services. All respondents consider the implementation of an educational training plan to promote breastfeeding to be feasible.

**Descriptors:** Educational training plan, exclusive breastfeeding, prenatal care, pregnant women, nursing staff, newborn.

**Biographical Note:** Master's degree in Public Health Management. PhD candidate in the Program in Educational Sciences, UNERG. Nurse Coordinator of the Breastfeeding Program at Lcdo. José María Benítez Hospital, La Victoria, Aragua State, Venezuela.