

Website For Strengthening Motor Skills in Students of the "Dr. Francisco Lazo Martí" Elementary School

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ABSTRACT

Motor competencies constitute a fundamental dimension of students' comprehensive development, frequently affected by the scarcity of innovative pedagogical resources in the Venezuelan educational context. This research aimed to propose a website to strengthen motor competencies in 3rd grade students (section "C") at the "Dr. Francisco Lazo Martí" Elementary School in Calabozo, Guárico state. The theoretical framework is grounded in Famose's (1992) concept of motor competence and McKiernan's (2002) proposals regarding technological resources as mediators of digital knowledge. Methodologically, the research was framed within the positivist paradigm with a quantitative approach, descriptive level, and feasible project modality, under a non-experimental field design. The population consisted of 37 students from the afternoon shift (17 male and 20 female) and 1 Physical Education teacher. Structured questionnaires with a five-option frequency scale (Always, Almost always, Sometimes, Almost never, Never) were applied, validated through expert judgment, with reliability estimated using Cronbach's Alpha coefficient. Results reveal that 30.11% of students never demonstrate adequate motor coordination in activities such as jump rope, and 40% of the teacher-directed items indicate that specialized technological resources are never used for teaching motor competencies. It is concluded that the integration of an educational website constitutes a viable and necessary proposal to modernize Physical Education teaching at the institution.

Keywords: Motor competencies, educational website, educational technology, physical education, technological resources, primary education.

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